

<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Main	Cheese Tomato Pizza & Wedges	HMC Chicken & Tomato Pasta	HMC Roast Turkey, potatoes and gravy	HMC Lasagne	Fishcake and chips
Vegetarian	Cheese Tomato Pizza & Wedges	Cheese & Tomato Pasta Twists	Vegetarian Sausage	Vegetarian Lasagne	Falafel Burger & Chips
Jacket Potato	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna
Deli/ Sandwiches	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo
Vegetables	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable
Salad Bar	Salad bar or Salad served Bread available daily	Salad bar or Salad served Bread & Fresh Fruit pots	Salad bar or Salad served Bread & Fresh Fruit pots	Salad bar or Salad served Bread & Fresh Fruit pots	Salad bar or Salad served Bread & Fresh Fruit pots
Dessert Selection Dessert	Fresh Fruit pots, Yoghurt and Jelly Flapjack	Fresh Fruit pots, Yoghurt and Jelly Banana Traybake	Fresh Fruit pots, Yoghurt and Jelly Shortbread	Fresh Fruit pots, Yoghurt and Jelly Chocolate Brownie	Fresh Fruit pots, Yoghurt and Jelly Fruity Friday

<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Main	Cheese Tomato Pizza & Wedges	HMC Jerk Chicken & Rice	HMC Roast Turkey with Mash potato and Gravy	HMC Meat Balls in tomato Sauce and Pasta	Fish Fingers and Chips
Vegetarian	Cheese Tomato Pizza & Wedges	BBQ, Vegetable Mixed Bean Wrap	Vegetarian Sausage & Mash	Vegetarian Meat Balls in tomato Sauce and Pasta	Vegetable fingers and chips
Jacket Potato / Fresh Pa	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna
Deli/ Sandwiches	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo
Vegetables	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable
Salad Bar	Salad bar or Salad served Bread available daily	Salad bar or Salad served Bread & Fresh Fruit pots	Salad bar or Salad served Bread & Fresh Fruit pots	Salad bar or Salad served Bread & Fresh Fruit pots	Salad bar or Salad served Bread & Fresh Fruit pots
Dessert Selection	Fresh Fruit pots, Yoghurt and Jelly	Fresh Fruit pots, Yoghurt and Jelly	Fresh Fruit pots, Yoghurt and Jelly	Fresh Fruit pots, Yoghurt and Jelly	Fresh Fruit pots, Yoghurt and Jelly
Dessert of the day	Apple Crumble and custard	Cinnamon Oaty Cookie	Vanilla Ice-cream	Jam Tart	Fruity Friday

<i>Week 3</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Main	Cheese Tomato Pizza & Wedges	HMC Chicken Curry & Rice	HMC Roast Chicken, potatoes and gravy	HMC Beef Burger with Wedges	Cod or Salmon Fish Fingers and Chips
Vegetarian	Cheese Tomato Pizza & Wedges	Mixed Bean Fajita	Vegetarian cowboy pie	Macaroni Cheese	Vegetable Nuggets and chips
Jacket Potato / Fresh Pa	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna	Jacket potato filled with Cheese, beans or Tuna
Deli/ Sandwiches	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo	Sandwich, cheese or tuna mayo
Vegetables	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable
Salad Bar	Salad bar or Salad served Bread available daily	Salad bar or Salad served Bread & Fresh Fruit pots	Salad bar or Salad served Bread & Fresh Fruit pots	Salad bar or Salad served Bread & Fresh Fruit pots	Salad bar or Salad served Bread & Fresh Fruit pots
Dessert Selection	Fresh Fruit pots, Yoghurt and Jelly	Fresh Fruit pots, Yoghurt and Jelly Orange Jelly with	Fresh Fruit pots, Yoghurt and Jelly	Fresh Fruit pots, Yoghurt and Jelly	Fresh Fruit pots, Yoghurt and Jelly
Dessert	Chocolate Cookie	Mandarins	Iced Lemon Sponge	Sultana Oaty Cookie	Fruity Friday