

family  
action

# We help families.

Support when you need it most from  
Ladywood & Perry Barr Early Help.

All families have challenges at times. If your family needs support, please get in touch,



We can help with money advice, special educational needs, disability, food, housing, parenting groups, relationships, sexual health & family planning, under 5's support, bereavement, mental health, leisure activities, physical health & much more.

Scan for  
more info



## Email Family Action Early Help West District:

- [BirminghamEarlyHelpLadywood@family-action.org.uk](mailto:BirminghamEarlyHelpLadywood@family-action.org.uk)
- [BirminghamEarlyHelpPerryBarr@family-action.org.uk](mailto:BirminghamEarlyHelpPerryBarr@family-action.org.uk)

**family-action.org.uk**

Family Action. Registered as a Charity in England & Wales no: 264713.

Registered as a Charity in the Isle of Man no: 1206. Registered Company Limited by Guarantee in England and Wales no: 01068186.



**BIRMINGHAM  
CHILDREN &  
YOUNG PEOPLE'S  
PARTNERSHIP**

**family  
action**

# We help families.

If you're feeling overwhelmed, worried or upset about any aspect of your family life, we are here.

To access support, you can complete a **Family Connect form** – scan the QR code below or go online to [www.birmingham.gov.uk/bcp](http://www.birmingham.gov.uk/bcp).

**You can come along to one of our drop in sessions:** to find out more, check out our social media or visit your local Family Hub. [www.facebook.com/FamilyActionLadywoodandPerryBarrEarlyHelp](https://www.facebook.com/FamilyActionLadywoodandPerryBarrEarlyHelp)

**You can also call or email us, at the details below.**

## Contact us:

Early Help Ladywood & Perry Barr:

- [BirminghamEarlyHelpLadywood@family-action.org.uk](mailto:BirminghamEarlyHelpLadywood@family-action.org.uk)
- [BirminghamEarlyHelpPerryBarr@family-action.org.uk](mailto:BirminghamEarlyHelpPerryBarr@family-action.org.uk)

T: 07816 086 607/ 07385 464 482

## Family Action Early Help West District

42 Crompton Road, Nechells, Birmingham, B7 5SN



**Scan to access a  
Family Connect form**

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