



PE Curriculum Overview

Academic Year 2026-27 | Birchfield Primary School

Our progressive PE curriculum develops movement, teamwork, confidence and healthy habits through a broad range of activities. The overview below shows the planned focus for each half term.

YEAR GROUP	TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Foundation SEND	Learning through play Playing through games	Dance Dinosaurs	Gymnastics Moving	Locomotion Jumping	Feet Ball skills feet	Hands 2 Ball skills hands 2
P1 & 2 SEND	Learning through play Playing through games	Gymnastics High, low, over, under	Gymnastics Moving	Learning through play Playing games	Rackets, bats & balls Bats, balls & balloons	No unit scheduled
P3 & 4 SEND	Learning through play Playing through games	Gymnastics Pathways	Invasion Dodgeball	Net/wall Tennis	Athletics	No unit scheduled
Year 1 KS1	Learning through play Playing games	Gymnastics Body parts	Dance The Zoo	Attack v defence Games for understanding	Feet Ball skills feet	Rackets, bats & balls
Year 2 KS1	Locomotion Dodging	Gymnastics Pathways	Dance The Sweet Factory	Attack v defence Games for understanding	Locomotion Jumping	Hands 2 Ball skills hands 2
Year 3 KS2	Gymnastics Canon and unison	Game sense Invasion	Dance Wild animals	Health & wellbeing Mindfulness	Game sense Net/wall	Athletics Throwing & jumping
Year 4 KS2	OAA Problem solving	Gymnastics Levels and direction	Invasion Dodgeball	Net/wall Tennis	Swimming	Athletics Running
Year 5 KS2	Game sense Invasion	Gymnastics Counter balance & tension	OAA Communication & tactics	Invasion Netball	Swimming	Athletics Competitions
Year 6 KS2	Game sense Invasion	OAA Leadership	Invasion Dodgeball	Health-related exercise	Invasion Netball	Athletics Competitions

A broad and balanced offer

Movement, dance, gymnastics, games, athletics, OAA and swimming.

Progression and challenge

Learning develops from exploration to application, competition and leadership.

Inclusive learning

Activities are adapted so every pupil can participate and progress.