

Intent:

At Birchfield Primary School, Physical Education (PE) is an integral part of our Curriculum that is inclusive and engages all pupils, in a supportive and challenging environment. We aspire for children to acquire, develop and refine their practical skills and techniques; to further their knowledge and understanding of PE concepts and principles and develop their overall competence, to enjoy and excel in, a broad range of sports and physical activities. We aim to deliver high-quality teaching and learning opportunities which enable all children to succeed; to enjoy their learning; to be resilient and consistently strive to give their best efforts at all times and achieve their potential and personal best.

Children participate in competitive sport and through this we teach children how to cooperate and collaborate effectively as part of a team and compete appropriately against others, adhering to the principles of fairness, sportsmanship and respect, values we hope to embed for future life. We understand the importance PE, School Sport and Physical Activity has on children's health, fitness and mental wellbeing. We provide opportunities for all children to be physically active for sustained periods of time and we teach children the importance of leading healthy, active lives and making informed and appropriate lifestyle choices. Swimming is an important life skill and we aspire for all children to leave primary school being able to swim at least 25 metres.

Implementation:

PE at Birchfield Primary School provides challenging and enjoyable learning through a range of sporting activities including; Invasion Games, Net & Wall Games, Strike and Field Games, Gymnastics, Dance, Outdoor & Adventure Activities and Swimming. Children participate in two PE lessons each week, covering one sporting activity every half term. We follow the Get Set for PE planning. The long-term PE curriculum overview sets out the PE Units/Activities which are to be taught each half term throughout the year and ensures that the requirements of the Early Years Curriculum and National Curriculum are fully met.

The emphasis of our PE curriculum is inclusion for all children regardless of sporting ability. We promote both participation and competition through P.E and sport. We ensure all children experience competition at some level, individually or in a team, within lessons. All children in KS1 and KS2 have the opportunity to participate in extra-curricular sports activities throughout the year. We have an annual inclusive Sports Day, with the emphasis on participation and achievement for all.

Impact:

- At Birchfield Primary School, our PE curriculum is inclusive and progressive and allows all children the opportunity to acquire and develop fundamental knowledge, understanding, skills and techniques and apply these to a wide variety of different sports and activities.
- PE lessons are fun, enjoyable and challenging and all children can achieve, to the best of their ability, in a supportive, safe and stimulating environment. Our pupils are physically active, and this has a positive impact on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of regular exercise and activity for their physical and mental wellbeing. We aspire for all children to enjoy PE and develop a love of sport and physical activity, which hopefully becomes part of their future life outside of primary school. Children have opportunities to participate in after school sports and can also represent the school at sporting events at a local level.

In PE, we measure impact by:

- Regular learning walks

- Pupil questionnaires once per year
- Analysis of participation at after school clubs and competitions
- Assessment data
- Photo records of children's practical work