

WELFARE NEWSLETTER



Coffee morning

Thank you to everyone who joined us for our recent coffee morning. It was great to see so many of you there! We had a number of support agencies present to discuss the resources available to our community and how to access them. If you were unable to attend, you can find a list of the agencies that participated in this newsletter, along with information on how to reach them for support.

Mrs Ahmed



Saathi House supports women in driving positive change in their lives, their families, and the local community. The organisation focuses on enhancing knowledge, skills, and leadership potential through various programmes.

Majid Al-Falah

Masjid Al Falah, located across from Birchfield School. They offer a variety of after-school activities for children, including scouts, football, and many other engaging options.

Additionally, Majid Al Falah provides food parcels for families in need of support. If you or someone you know could benefit from these services, please reach out to them for more information





Perry Barr Family Hubs are part of the Birmingham Family Hub Network, providing support for local families with children aged 0-19 (25 with SEND). We offer help with infant feeding, parenting, mental health, education, benefits, and more. We work closely with the community and other organisations to deliver services at the hubs or connect families with local support.

Follow us on Facebook at 'Perry Barr Children's Centres' or 'Birmingham Family Hubs'. We also run a WhatsApp group for local families, sharing community updates. To join, contact Sharon on 07974 255916 or Nicola on 07890 959920.



YOUTH PATHWAY

At Youth Pathway, we offer clubs that combine mentoring with Forest School principles and sustainable growing, helping children build confidence, resilience, and valuable life skills. Through engaging forest school sessions, mentoring, and hands-on activities in growing food, we encourage children to connect with nature and grow in confidence. To learn more about how we can support your child, please visit our website or email us at info@youthpathway.co.uk

Website: www.youthpathway.co.uk



We help to connect schools and other statutory services with community and voluntary organisations providing services and activities to help make sure families, children and young people get the help they need. Our Team help to support families to access Early Help. Early Help means taking action to support a child, young person or their family as soon as a problem emerges. This can happen at any stage in a child's life from pre-birth to adulthood, and applies to any problem or need that the family are struggling to deal with

Please follow this link for a list of help and support services in your local area and around Birmingham Civic Duty <https://www.the-pact.co.uk/index.php/ourtrust/community/civic-duty> or visit our school website under Civic Duty.



Mental Health services support
forwardthinkingbirmingham.nhs.uk



For further help and advice visit the
Citizens Advice Bureau.
www.citizenadvice.org.uk



Autism West Midlands - Embracing Difference,
Empowering people
www.autismwestmidlands.org.uk



**ARE YOU
EXPERIENCING
DOMESTIC ABUSE
& NEED IMMEDIATE HELP?
ASK FOR ANI**

STEP 1 If a pharmacy has the **ASK FOR ANI** symbol on display, this means they are ready to help.
STEP 2 Approach a member of staff and **ASK FOR ANI**.
STEP 3 They will offer you a private space, provide a phone and ask if you want a free police response or to speak to a domestic abuse support helpline.
For further information
VISIT: GOV.UK/DOMESTIC-ABUSE



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