



Birchfield PRIMARY SCHOOL

RAMADAN MUBARAK

Dear Parents/Carers,

With the start of Ramadan approaching, we know that some children may wish to take part in fasting. In general, it is not recommended that pupils of primary age fast for a prolonged period of time. We would advise that it is best to do this at the weekend when parents can supervise.

We recognise that some of the pupils in **Year 5 and Year 6** may have reached the point where they begin fasting. If this applies to your child, please complete the slip below and return it to school before Ramadan begins in order that we can make suitable arrangements for lunchtime provision. Children will need to remain in school.

Yours sincerely,

Mrs Z Thewlis

Head of School

Child's name: _____ Class: _____ will be fasting
until Ramadan ends.

I give permission for the school to end the fast with food and/or water should they feel it is essential for the wellbeing of my child.

Signed _____ Parent/Guardian)

Date _____



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WORLD CLASS**