Birch Road

AUTUMN WINTER MENU 2026 / 2027

caterlink
feeding the imagination

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Option One	Fishfingers with Chips and Tomato Sauce	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	Chicken Curry with Rice	
	Option Two	Macaroni Cheese **(V)**	Vegetarian Wellington with Roast Potatoes and Gravy**(VE)**	Plant Balls in Tomato sauce with Rice**(VE)**	Quorn and Lentil Curry with Rice **(VE)**	Sandwiches with Fruit and Water
	Sides	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	
	Dessert	Cheese and Crackers **(V)**	Apple Cake with Custard **(V)**	Fruit Medley **(VE)**	Jelly with Mandarins **(VE)**	
WEEK TWO	Option One	Breaded Fish or Fishfingers with Chips and Tomato Sauce	Spaghetti Bolognaise	Roast Chicken, Roast Potatoes and Gravy	Chicken Meatballs in Tomato Sauce with Rice	
	Option Two	Classic Cheese and Tomato Pizza with Wedges **(V)**	Vegan Bolognaise with Spaghetti **(VE)**	Lemon and Herb Quorn, Seasoned Potatoes and Sweetcorn Salsa **(VE)**	Creamy Chickpea and Coconut Curry with Rice **(VE)**	Sandwiches with Water and Fruit
	Sides	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	
	Dessert	Gingerbread Cookie **(VE)**	Chocolate Brownie with Chocolate Sauce **(V)**	Fruit Salad **(VE)**	Sticky Toffee Apple Crumble with Custard **(V)**	
WEEK THREE	Option One	Fishfingers with Chips and Tomato Sauce	Chicken Enchilada Bake with Paprika Wedges	Chicken Sausage with Roast Potatoes and Gravy	Mild Caribbean Chicken with Golden Rice	
	Option Two	BBQ Quorn Pieces With Chips **(V)**	Tomato Pasta **(VE)**	Vegan Sausage and Roast Potatoes with Gravy **(VE)**	Caribbean Stew with Golden Rice **(VE)**	Sandwiches with Water and Fruit
	Sides					
	Dessert	Vegetables of the Day **(V/VE)** Oaty Cookie **(VE)**	Vegetables of the Day **(V/VE)** Pear Crumble with Custard **(V)**	Vegetables of the Day **(V/VE)** Fruit Salad **(VE)**	Vegetables of the Day **(V/VE)** Jamaican Ginger Cake with Custard **(V)**	

MENU KEY:

- Whole grain
- Plant based
- Added plant protein
- **(VE)** Vegan
- **(V)** Veggie

AVAILABLE DAILY: Jacket Potatoes with a choice of fillings, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.